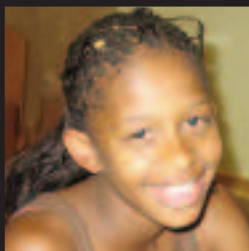




Newsletter Spring 2008
2007 Annual Report Edition

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Celebrating
15 years!

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Thank you
2007
donors!

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More Than a Program to My Family

By Julie Hough, parent of three Bolder Options youth participants

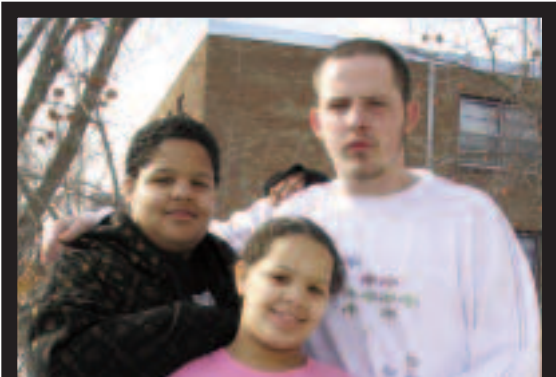
I am a single mother of 5. Not a lot of outside support. I fought my way through school while caring for 2 teenage boys and 3 small children. My son Andrew always tried to be the man of my house, even when he was small. He began hanging with the wrong crowd and making rather poor choices. Still, he had a heart of gold. His father, was not very involved and had little patience for Andrew's behavior.

In 1995, I was introduced to a program called Bolder Options. It was a running program that offered mentor services. The men in Andrew's life seemed to let him down consistently, so I was elated to have the opportunity to have him work with positive male role models. Could this make a difference? I had no idea. But I was willing to give it a try. Words cannot begin to even tell you the changes I began to see in my son. Suddenly the suspensions became less and less, he appeared to have goals and was motivated more than I had ever imagined. He earned a trip to San Antonio Texas to see the Spurs and then a trip to Japan with his school. These were things Andrew never thought would be possible.

When the year was over, I was extremely sad. Most programs- when you are done- you are done. Bolder Options did not shut the door on Andrew or our family. It was a place that was always anxious to see how we were doing. They celebrated our accomplishments and lent an ear when there was no one to hear our cries. Sometimes a simple e-mail to Darrell was enough for me as his responses always lifted my spirits. Bolder Options always made me feel like I was someone, and not just another face in the crowd.

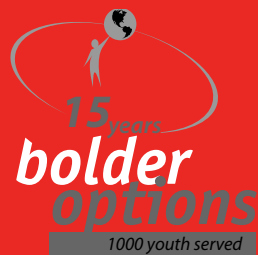
My son James had met Darrell on several occasions as he stayed connected with my family. James loved him from the start. James has some significant health problems and low self esteem, so it was great that in 2006 I was able to get James connected with this program that was so successful for us ten years before. And now, my youngest and most high spirited child, Semaj, is a current program participant. All I can say is she is having the time of her life.

Bolder Options has been such a great part of our lives. I can't imagine where things would be without this support. See, it wasn't just a running program for us...It was a lifeline. It introduced my children to positive role models, built self esteem and instilled values and goal building. But most of all it made me feel that the work I do as a working single parent is valuable, and I am valuable. Thank you Bolder Options - Darrell, Maria, Dan, Becky, Paul, Brad, Julie, and so many more for the work you do and the support you have given us all over the last 13 and counting years. Words cannot express our gratitude.



Julie's 3 Bolder Options children: James Foster Jr, Semaj Foster, and Andrew Hough

Teaching Youth to Succeed in ALL of Life's Races



**Teaching Youth to Succeed
in All of Life's Races**

Bolder Options

2100 Stevens Avenue South
Minneapolis, MN 55404
Tel: 612-379-2653, Fax: 612-870-0754
www.bolderoptions.org

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*Bolder Options was founded by the
Minneapolis Jaycees Charitable Foundation*

From Darrell's Desk: 15 Years Strong

by Darrell Thompson, Executive Director



When Bolder Options began its journey back in 1993, Whitney Houston was sweeping the Grammy Awards and Daniel Day Lewis and Tommy Lee Jones were in films competing for Oscars. This was also the year that two men - Bill Steele and Paul Ramsour - envisioned a program that would keep kids out of the juvenile justice system through running activities. When I came on board that year as Program Manager, we had a program name, Bolder Options, a logo to go with it, and were housed at 510 Nicollet Avenue with several other Minneapolis Jaycees programs. Bolder Options served 20 youth that year in a program that spanned a three-month period, and Dan Pfarr and I started working to build resources and momentum to keep the program running.

Fifteen years later, Whitney Houston is off the scene while Amy Winehouse headlines the Grammy awards, Daniel Day Lewis and Tommy Lee Jones still compete for Oscars -- and Bolder Options has grown in exciting ways. Our staff has grown from one to eleven, we have been at 2100 Stevens Avenue for 4 years now, have a satellite program at Ames Lake Community Center in Saint Paul, serve more than 120 youth in a twelve-month program, and are on pace to match our 1,000th youth in 2008. Dan and I still work to keep the momentum while Bill Steele and Paul Ramsour continue to be close friends of Bolder Options.

As you can imagine, we are proud of our growth and expansion, which continues this year into satellites in North Minneapolis and Frogtown/Midway area of Saint Paul, and three more staff. We look to match 160 youth with mentors in 2008. There's a lot in store for this anniversary year, including an updated web site, our 15-year celebration open house, and more exciting events like the Boulder to Bolder bike ride, the Athens Classic Marathon in Greece, and the Tenth annual Bolder Dash 5k/10k. We hope to count on your support throughout the next fifteen years, as we continue to teach youth to succeed in all of life's races.

**Remember Bolder Options
In Your Will**

Become a Charter Member of Bolder Options Leadership Circle and give future generations of youth a chance to succeed by making a gift to Bolder Options.

For more information contact Darrell Thompson or Daniel Pfarr at 612.379.2653 or visit our website at www.bolderoptions.org/giving.html



2007 Program Highlights

125 youth matched with mentors
 250 family members received case management services
 Over \$2,000 in groceries and gifts to provided to 30 families over the holidays through the Adopt-A-Family program
 Acheived 54% success rate in matches sustained for the duration of the year - 9 points greater than the national standard for mentoring programs.



2007 Youth Participant Profile

Number of youth: 125
 Gender: 53% Male, 47% Female
 Average Age: 12.4 years old
 90% lived in single-parent or non-traditional settings
 94% from low-income households
 21% did not speak English at home
 45% African American, 20% Latino, 14% Multi-Racial, 7% Native American, 7% Asian, 7% European American
 48% reported learning challenges, 37% reported mental health concerns, 25% reported both learning challenges and mental health concerns

Program Evaluation

conducted by Acet, Inc.

Acet, Inc. conducted an independent youth assessment evaluation of Bolder Options' Spring 2007 cohort, reporting on desired outcomes in four areas: academics, healthy habits, positive behaviors, and program satisfaction.

At midterm (after six months in the one-year program), an overwhelming majority of youth surveyed believed that the program would help them to reach their goals (93%), felt their mentors encouraged them to learn new things (93%), were comfortable talking to their mentors about important things (90%), and felt comfortable asking their mentors for help (93%).

The majority of youth reported they eat healthy (80%), exercise daily (73%), have hobbies they enjoy (93%), and feel good about themselves (97%) at midterm. The greatest area of increase in healthy habits was in daily exercise. 73% of the youth reported they got enough daily exercise at midterm compared to 57% when upon entering the program.

Also at midterm, 93% of the youth believed that the Bolder Options program could help them do well in school. Most youth had positive perceptions of being good in reading, writing, and math, as well as wanting to do well in school and liking school at both the start and midterm of the program. 17% more youth reported completion of school assignments on time at midterm compared to when they started the program.

Youth reported improvement in their abilities to "resist getting even" (20% at start to 53% at midterm), and substantial improvement in their abilities to "resist copying homework" (7% at start to 77% at midterm) and "teasing other students" (3% at start to 90% at midterm). 82-93% of the youth reported no use of tobacco, alcohol, or illegal drugs at both the start and midterm of the program.

Our Time Together

by Antie Williams, February 2008 Youth Graduate

I really like Bolder Options and my mentor, Darci. We do a lot of different stuff that nobody let me do before. I really like playing games, using the computer at Bolder Options, and talking to my mentor.

I tell anyone new to Bolder Options that you're going to do a lot fun activities. It'll get you out of the house and keep you active. My favorite thing to do is go to the activities at the Bolder Options house with my mentor. Everyone is not sad and are laughing and having a good time. We made cookies, painted the bike room, and had a party with a Bar-B-Que.

The best thing I did with my mentor was the bike ride we went on to meet the Boulder to Bolder bikers at the coffee shop. It was a big challenge. Darci said it was great because I didn't complain at all. Even though it rained and I had to keep both my hands on the handlebars and I had to keep my helmet on tight. I teach Darci how to be more friendly with strangers and just talk to anyone. She even set goals for herself when we set my goals. When we spend time together, it's good for both of us.



Thank You to our 2007 Donors!

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\$25,000 and above

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McKnight Foundation
Medtronic Twin Cities Marathon

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Bolder Options Balance Sheet December 31, 2007

ASSETS

Current Assets

Cash-Operating	218,007
Cash Reserve	6,446
Other Receivables	14,697
Pledge Receivable	111,465
Prepaid Taxes	2,742
Prepaid Expenses	10,033
Inventory	<u>34,988</u>
Total Current Assets	398,378

Property and Equipment

Building, Furniture and Equipment	913,904
Accumulated Depreciation	<u>(97,776)</u>
Total Property and Equipment	816,128

Other Assets - INVITE Fund **100,470**

TOTAL ASSETS **1,314,976**

LIABILITIES AND NET ASSETS

Current Liabilities

Accounts Payable	25,823
Accrued Annual Expenses	36,168
Security Deposit	1,700
Total Current Liabilities	63,691

Long-Term Liabilities - Contract for Deed **380,000**

Total Liabilities **443,691**

Net Assets

Permanently Restricted Net Assets	73,087
Unrestricted Net Assets	771,366
Temporarily Restricted Net Assets	54,933
Change in Net Assets	<u>(23,306)</u>
Total Net Assets	871,285

TOTAL LIABILITIES & NET ASSETS **1,314,976**

How The Books Look

Bolder Options is happy to report that the year-end 2007 books are closed and the underlying fiscal health of Bolder Options remains strong. We ended the year with \$1,386,991 in income. In Revenue, Bolder Options saw an increase in foundation support of about 25% for the fiscal year January 1, 2007 to December 31, 2007. On the expense side, Bolder Options came in at 1,363,385 with a change in net assets of \$23,306. In 2007, Bolder Options raised a total of \$150,437 for our expansion into St. Paul and \$177,150 for our Capital Campaign. In 2008, our financial goals include raising additional funds to add three new positions for expansion and finishing the Capital Campaign by paying off the building and finishing repairs to the roof, boiler, and air exchange systems. For any questions relating to financial matters please contact Associate Director, Daniel Pfarr at 612-379-2653 x219 or dpfarr@bolderoptions.org.

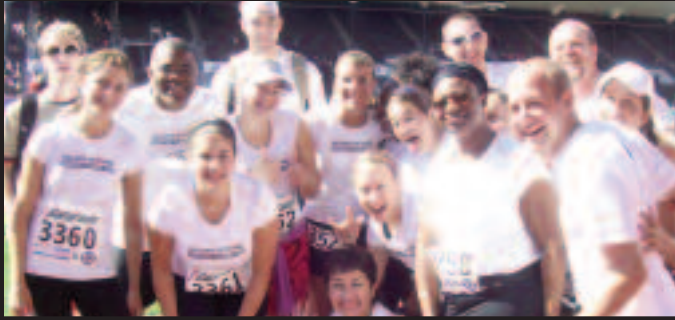
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Team Helsink raised more than \$50,000 for Bolder Options training for the Hesinki City Marathon on August 18th 2007.

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Medtronic Twin Cities Marathon donated \$20,000 in cash, 20 marathon and 10-Mile entries, and scholarships for Bolder Options youth to participate in the 1-Mile and 5k races.

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(Our sincere apology for any names that were omitted or incorrectly spelled.)

Be Bold! Take Action!

6th Annual Phone-A-Thon

March 16 - March 20 Bolder Options staff, mentors and volunteers will be calling to request donations for our programs! Whether or not you can contribute when we call, we enjoy having the chance to talk about Bolder Options, answer questions, and thank you for your help and involvement.

Mark Your Calendars for our 15th year of Fun

July 31 15 Year Anniversary Open House
Enjoy a picnic, see old friends, and come celebrate 15 years with us.

September 20 10th Annual Bolder Dash
10th annual reunion 5/10k for mentors, youth, and friends of Bolder Options.

Mentor a Bolder Options Youth!

Attend a Mentor Training Session to learn more
Contact Katie Elden - 612.379.2653 x221 or
volunteer@bolderoptions.org



Bolder Options matches Twin Cities youth with adult mentors under a 1-year program to meet weekly; set academic, social and athletic goals; volunteer in the community and participate in local 5k races or community bike rides.

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